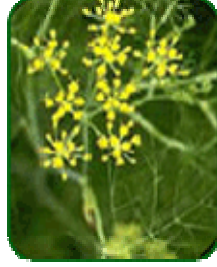


Fennel or Saunph

Latin Names: Foeniculum Vulgare

English Name: Fennel

Sanskrit / Indian Name: Shatapushpa, Saunph



Cure for: The use of fennel is well known as a digestive aid. It is useful in indigestion, biliousness, flatulence, constipation and dyspepsia. Chewing its seeds after meals prevent foul breath, indigestion & vomiting.

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